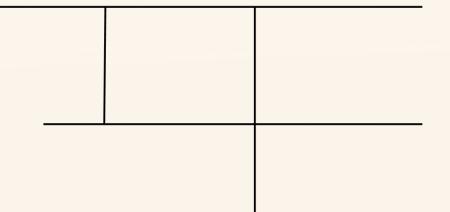# PSM I & PSPO I Exam Prep 💡

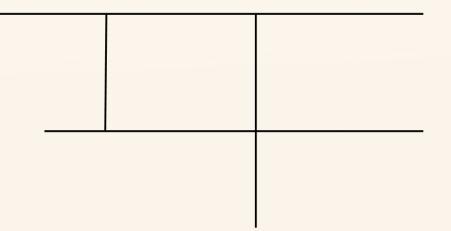**PART 1**

KAIZEN
SOFT SKILLS

SCRUM

- Scrum is founded on empirical process control theory or empiricism.

- Scrum can be used for sustaining complex products.

- Scrum has rules.

- Using timeboxes limits work in progress.

- Scrum is "considered" as a framework, not a methodology, process, techniques. It can be used to develop new products or maintain/sustain existing ones.
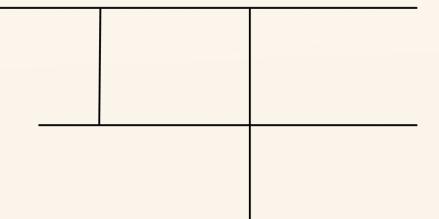
- There are no baselines in Scrum.

The timeboxed duration of events is as follows:

- **Sprint** — Maximum 1 month .

- **Daily Scrum** — 15 minutes.

- **Sprint Planning** — 8 hours in one month Sprint, normally shorter in shorter Sprints .

- **Sprint Review** — 4 hours in one month Sprint, normally shorter in shorter Sprints .

- **Sprint Retrospective** — 3 hours in one month Sprint, normally shorter in shorter Sprints .

The timeboxed duration of events is as follows:

- Scrum values are commitment, courage, focus, openness, and respect. (F-O-R-C-C)

- Scrum artifacts are Product Backlog, Sprint Backlog, and Increment. (P-S-I)

- Scrum pillars are transparency, inspection, and adaptation. (T-A-I)

- Velocity is the average amount of work done per Sprint.

- Scrum allows additional meetings if they facilitate achieving the Sprint Goal.

- When multiple teams are working on the same product, one person can be a member of more than one Development Team.